

# the jane corridor

To keep our community informed

Volume 5 Number 6

September 1978

What did you do this summer?...and

## Where has it gone?

When our last issue was printed, many of you were anxiously looking forward to long, warm, summer days of playing tennis, soccer, baseball, squash, or anything else that happened to cross your minds. For those of us who work during the day, evenings would be a pleasant time to relax outdoors or participate in some leisurely pastime.

Whatever you planned,

we hope that you did it, because fall, with its short days and cool nights, is creeping over the prairies and taking dead aim at Southern Ontario.

But enough of that talk. Keeping in mind that time and space restraints keep us from printing all that happened, here are reports on some of the summer's activities in Jane-Finch and a listing of some of the fall activities planned.

## Thank you

The following individuals and organizations have made contributions to *The Jane Corridor*.

*The Children's Aid Society  
Downsview Weston Action Community*

*Sheena Suttaby  
Rosanne Steinbach*

*Serafina Vinzons Guinto*

*Our heartfelt thanks to these people for assisting us last year in keeping the Corridor publishing.*

*Our advertising revenue is slowly growing but donations are still needed to pay the costs of production.*

## Correction



*When is Mark Holmberg not Mark Holmberg?  
When he's Scott Sunderland, of course!*

*In the June issue of the Jane Corridor we incorrectly identified this photo as being that of Mark Holmberg, winner of a 2nd place ribbon in Stanley Road Public Schools' Science Fair.*

*Our apologies to Scott and a promise to Mark to publish his photo next month.*

## Stop. Look. Smile.

Late for school, rushing to beat the bell, a six-year-old darts into a crosswalk. Early morning drivers, themselves hurrying to beat time clocks, notice a figure in front of them. Is it too late? can they stop in time?

Fortunately, at many critical intersections in Ward 3, there is someone carefully watching out for that careless child and sleepy-eyed commuter. A typical crossing guard has good eyesight, an even temper and stamina enough to survive whatever the elements throw at them. Their three hours work each weekday is an invaluable community service and one which deserves recognition.

So next time you're bustling off across the intersection stop, look and smile. It's a great way to say "thank you".

(Below left) Theresa Lyons takes over the duties of the vacationing 'regular' guard at the intersection of Jane Street and Firgrove. Students from St. Francis de Sales and Firgrove schools use this busy intersection regularly. (Below middle) Wendy Chesworth has been a 'floating' guard since April. Officer Art Gibbs of 31 Division, area supervisor for all area crossing guards, contacts Wendy when a temporary replacement is needed. This day Wendy is

at Stanley Road and Jane Street. This crosswalk serves students from St. Jane Francis and Stanley Road Schools. (Below right) A ten year veteran, Norma Wyer likes her job and the people she meets. "I see a lot of the same cars pass here each morning. They sometimes wave and I wave back. I've never met most of them but it's like we're old friends just the same." Norma is responsible for the crosswalk at Shepherd Ave. W. and Buckland and to the students from St. Martha Separate School and Calico Public School who use it in safety every day.

Bill Waicus



—photo by Bill Waicus



—photos by Bill Waicus



## the jane corridor

The Jane Corridor is published monthly for the community and by volunteers in the community. It was incorporated in 1977 and first published in 1974. Ten thousand copies are delivered free of charge throughout Ward 3.

Articles and letters published in The Jane Corridor do not necessarily express the opinions of the board and staff.

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Working meetings of the staff of The Jane Corridor are held at the Driftwood Community Centre, the first three Mondays of each month at 8:00 pm. Board meetings are held at the Driftwood Centre on the fourth Monday of each month. All meetings are open. Residents are welcome to attend.

### Personal experience

## One summer job

This summer I did something that I never thought I could do. I spent six weeks in July and August working with handicapped children. The program was designed to be a daily program of summer activities for physically disabled children of all ages (ultimately the ages ranged from four to fourteen) who suffered any degree or type of handicap. The children suffered from cerebral palsy in varying degrees of severity, spina bifida, muscular dystrophy, paralysis, spinal muscle atrophy, and some other rare and hard to pronounce conditions. Their abilities were widely varied; from children who had only slightly noticeable gait (walking) problems, to some who were totally disabled to the point where they communicate only with great difficulty and literally live in their wheelchairs.

As you can imagine, the disparity in ages and handicaps created a major obstacle just for starters. How do you keep a seven year old who can walk (and run sometimes) busy while at the same time trying to entertain a fourteen year old who can't talk and has not enough muscle control to hold a book or a pencil? With only four staff members and anywhere up to fifteen children at a time we were often hard pressed to

think of things to keep people busy. Often we just didn't, and consequently, some of my favorite moments were the ones when we all went outside under the trees and just talked about everything and anything.

It was during those quiet times that I got to know those kids and to respect them for the tremendous amount of courage they possess, each and everyone of them. although some were as young as four and five years old they all had lived through a lot of pain and frustration in their lives, and most have come out of it strong and enthusiastic human beings. many seemed far older than their years and all had an awareness of their bodies and just what they could and couldn't do, that most adults never possess.

When I told people what I was doing for the summer, many reacted by saying "Oh, how depressing", or "Oh, how good of you", as if I was performing a wonderfully charitable act. But that's not how I looked at it at all. At first, when I hadn't met the children, I was unsure as to whether or not I could deal with all the things I was going to have to do (e.g. changing diapers). But when I met the children and began working with them I felt really comfortable and all the problems which had been

## READERS' FORUM

### Right on!

I would like to draw your attention to a recent *Toronto Star* article printed on May 10th. In it, D. J. McVicar, former Assistant Superintendent for the Westview Family of Schools, notes "a complete lack of (community) services in the Jane-Finch Corridor."

To suggest a lack of community services is to deny the existence, efforts and successes of many community organizations. Downsview Weston Action Community, Mothers on the Move, Black Creek Venture, The Jane-Corridor Newspaper Board, Firgrove Family and School Association, Driftwood Community Centre Advisory Board, Jane-Finch Family & Community Centre and To Reach Youth are only a few of the active community groups.

It is our opinion that it is not the "lack of (community) services", but rather the need for even more co-ordination of these services, which impedes the continued growth of social and leisure programs. Agencies and community groups must become familiar with and acknowledge the work of each other. Misinformed statements, weaken this process.

such a source of worry became pretty unimportant. I found myself able to be very matter-of-fact about the care of the kids. Looking after them became just like looking after any other kids, with a few allowances made here and there. Sometimes, I think it was easier than caring for an equal number of normal children. The children have an incredible struggle to keep from feeling sorry for themselves anyway, and it's easy not to push yourself when there is someone there to wait on you hand and foot.

Pushing wheelchairs was hard work and the whole job involves a lot of heavy lifting—it makes you wonder how the mothers of these kids manage. but in spite of being tired I have never been more appreciative of my ability to walk and talk and run and

### HOW TO CREATE A DEPRESSION

A man lived by the side of the road and sold hot dogs. He was hard of hearing so he had no radio. He had trouble with his eyes so he read no newspapers. But he sold good hot dogs. He put up signs on the highway telling how good they were. He stood by the side of the road and cried: "Buy a hot dog, Mister" And people bought! He increased his meat and bun orders. He bought a bigger stove to take care of his business. He brought his son home from college to help him. But then something happened . . . His son said, "Father haven't you been listening to the radio? There's a depression on. The European situation is bad. The Asian situation is terrible. The Domestic situation is worse." Whereupon the father thought, "Well, my son's been to College, He reads the papers and listens to the radio, and he ought to know." So the father cut down on his meat and bun orders, Took down his advertising signs, And no longer bothered to stand out on the highway to sell hot dogs. And his hot dog sales fell off almost overnight. "You're right son," the father said to the boy. "We certainly are in the middle of a terrible depression!"

From Branscan

published by North York Branson Hospital

This letter is written to erase any misconceptions that there is a total lack of community services in the Jane-Finch Corridor and to point out that while the Westview Community Co-operative Project is very commendable, there are many other Community Associations, some of

which are referred to herein, who are just as concerned in all aspects of the well-being of the "Corridor Area".

D. W. Snow  
Commissioner  
Parks and Recreation  
North York

do everything else that I do without ever thinking about it. I know people who can never do those things, no matter how hard they try.

This summer has left me with a very good feeling about myself and my ability to handle unusual situations and people. I also have learned some very important lessons that many people never learn in their lifetime. I have learned that handicapped people are people first and handicapped second.

I think I enjoyed working

with these children more than any job I have ever held. I grew a lot and I know a lot more about something that I was totally ignorant of. Making those kids happy and having them come to be attached to me was one of the most exhilarating experiences of my life. Not because I felt sorry for them, but because I admire their guts and their maturity and their patience.

Their love was something I was proud to earn. They are indeed very special people.

Susan Gemmell

**Opportunity for Advancement**  
*presents a program for sole support mothers  
on welfare or family services*

*Series of 14 sessions beginning Monday, Sept. 18*

*from 9:30 am to 11:30 am*

*Discussion planned to increase self esteem,  
learn how to upgrade skills, further education,  
get into volunteer work, some assertiveness training.*

*Day care and transportation provided*

**Call 245-4241**

## York Youth Connection

# Another successful camp

Two more successful day camp periods were held on the York University Campus during July and August for nearly 100 young people between the ages of 11 and 17. Throughout each of the four week sessions many young people from the Jane/Finch area enjoyed the various activities. These included music, theatre, visual arts, swimming, sports, overnight campouts, festival, field day, dance, and trips to the Zoo, Centre Island and the Science Centre.

Three music graduates from York's Fine Arts department, Rob Bowman, Myrna Neufeld and Shelagh Aitken, exposed the campers to a variety of musical forms. Time was spent in the electronic music studios where campers experimented with synthesizers and controlled feedback. A demonstration of East Indian musical instruments introduced the campers to percussion in a more detailed manner than ever before encountered by them. The majority of the music classes were used for instrument building where each person made at least one instrument. Rubber tubing, wood, tin cans, wire etc. were used to build flutes, maracas, drums and tambourines. This construction was a source of accomplishment for each and every imaginative builder. A display and performance was enthusiastically received by everyone at the

### Festival of Lights.

Two York theatre students, Jean McNeil and Michael Smith, also spent considerable time and energy in basic acting workshops which allowed the campers to experiment with mime, movement, voice projection and improvisational theatre. The children learned to link visual stimuli with body reactions. Many learned, in a very short time to relax and became considerably less inhibited. The success of techniques used by the instructors was visible on Festival night in the skits and short plays which were conceived and implemented by the campers.

Swimming was a daily activity which consisted of free swim and up-grading of their skills. Proficiency badges were earned and the ability of the campers was improved each camp period.

As well as swimming, sports such as floor hockey, basketball, volleyball, baseball, and soccer provided a means of releasing some of the boundless energy typical of this age group.

The culture awareness program developed into a source of pride for the planner, Maurice Ford. He helped create an awareness of racial and cultural differences among the various groups of people at the camp and in the community. A variety of cultural backgrounds were represented and this fact

contributed to the uniqueness of the camp experience. Movies dealing with social modes, music, dance and art of a number of cultures were shown and later discussed with regard to the reactions of the campers to other peoples. Information about other ethnic and racial groups is the first step towards an improved tolerance for and acceptance of many people within our own Jane/Finch community.

The overnight camping trips to Rockwood Conservation area were a bit hectic, but fun-filled and thoroughly enjoyed. Daily activity experiences and nightly camp-fires will be fondly remembered when the snow begins to blow and the icicles start to form during the coming winter.

Trips to the Zoo, Centre Island and the Science Centre allowed for a change of environment and "fun", still one very important criterion of all phases of the programs, was evident.

A water balloon fight, egg toss, wet sponge toss, and whipped cream pie throw were highlights of the field days. A dance held in the afternoon was a fitting setting for farewells, exchanges of good wishes and plans for future reunions.

The *Festival of Lights* was the culmination of the efforts of both staff and campers. This program of music and theatre was the climax of each camp



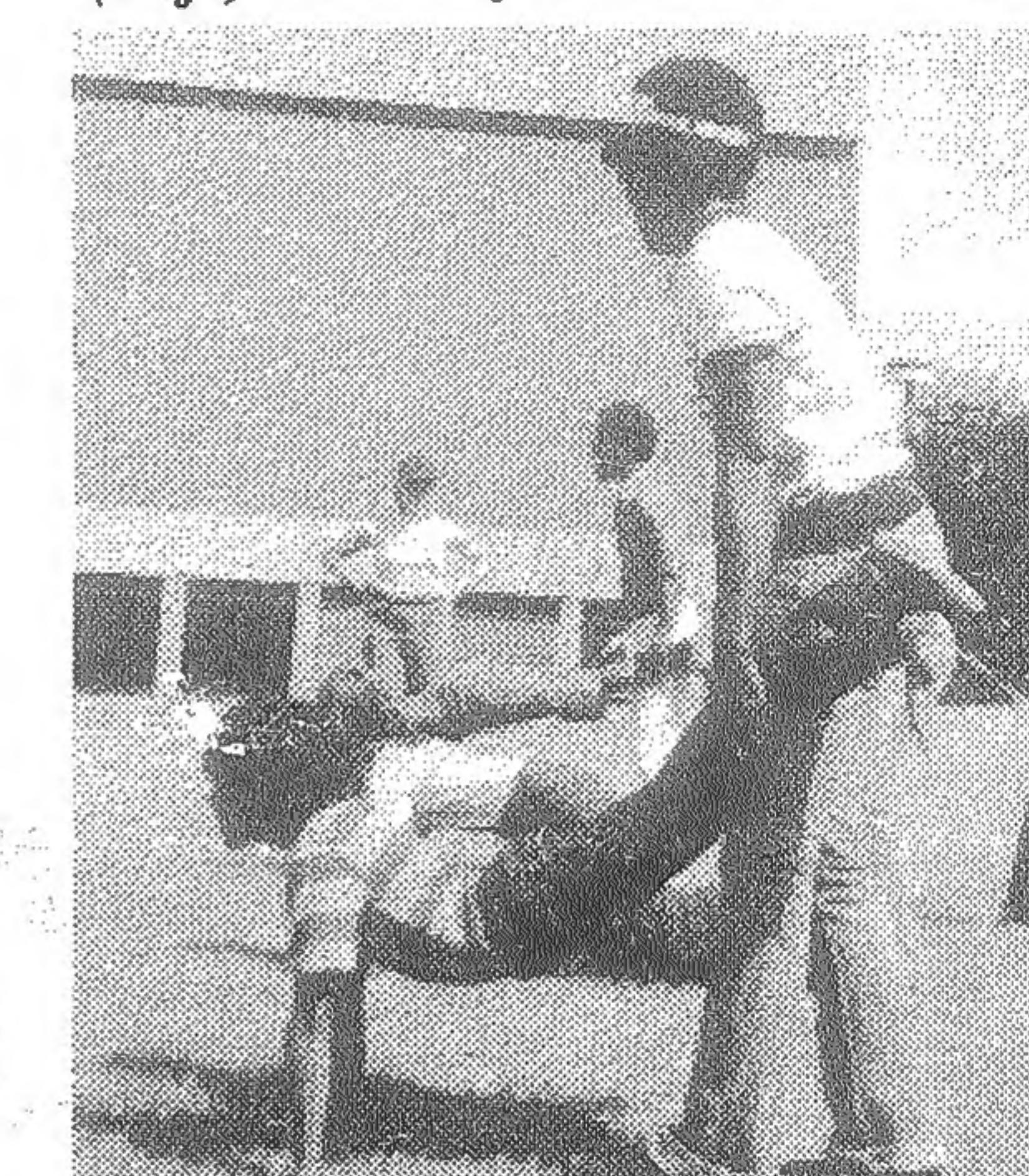
(Above) Bronwyn Bauchman, camp director, and friend.

Swimming class.



(Left) Field day activities

Festival of Lights beauty contest (right)



—photos courtesy of YYC

period. Many supporters of the York Youth Connection attended along with parents and friends.

The board of directors and the staff were both pleased and satisfied that the camp was such an overwhelming success. This third year of operation was, by general consensus, the best thus far. Each year the

areas of endeavour are expanding, allowing young people from the surrounding area to participate in activities and have use of facilities not normally available. Each year the percentage of returning campers is proof of the uniqueness of the York Youth Connection Summer Camp.

# Jane Corridor in Bloom

by Sharon Morgan

The Harvest Season is upon us once again and the gardens of our community are beehives of activity. In the vegetable gardens we find—the beans, ornery plants that they are, sprinting to the top of their 15 foot poles, making the harvest a treacherous task for the weak of heart; the tomatoes, fat, red and juicy, are straining to stay attached to their stems until picked; peppers are being BBQ'd, ready for the freezer and the promise of a tasty winter treat; and those optimistic balcony gardeners who planted the whole package of cucumber seeds have long since found

that their once cozy balconies have become impenetrable jungles.

In the evenings, after the tools have been put away, gardeners delight one another with tales of their gardening exploits. Did you hear the story of the gentleman who claims to be ripening a 300 lb. squash?—on the 27th floor?

Then there's the lady who carefully trellised her zucchini vines along the rim of her balcony, only to discover one morning, that they had slipped and neighbours one, two, three and four floors down were enjoying her zucchinis. My favourite story concerns an elderly 'sky dweller' who

watched one of his 'earth-bound' neighbours prepare the soil in spring, followed by the planning and tying of row upon row of tomato plants. As summer progressed and the fruit ripened the old gentleman found that he could no longer take the pain of just watching. He set out determined to ask if our successful tomato farmer could spare just one of those red jewels, fresh from the vine. Swallowing his pride, our friend explained that he hadn't tasted a freshly picked tomato since he was a boy. "You want one tomato?" our gardening friend asked. "Here have a basket; take all you want. I grew plenty for

me."

This story didn't end with a basket of tomatoes. Our elderly gentleman regularly visits this family now, reading to the children and taking them for walks. He has become an adopted grandfather. A common interest in gardening can be a great introduction to many friendships. Try this approach for example: "I love the yellow chrysanthemum you have here. Would you like to trade a slip of this one for one of my bronze ones next spring?" You must remember however to return next April to develop this new relationship as well as your perennial stock. There is evidence that this is

happening in our neighbourhoods, so take note next time you go for a walk and join in on the plant swap.

Our garden, for the first time, is made up entirely from plant swaps. The clumps for the most part are still small, but we've seen a marvelous parade of bloom from April onward. Enough colourful memories, we hope, to last us through the bleakest of winters.

Perhaps the *Jane Corridor* could carry a special column next year mentioning some of the gardens in our community which are really deserving of recognition.

**Special people...**

# Day camp for handicapped kids

by Susan Gemmell

For six weeks this summer the Driftwood Community Centre was occupied daily by a very special group of people. The summer handicapped program was a day-camp type program for physically disabled children 4 to 14 years old. The program was the brainchild of the Black Creek Venture Group and was funded by North York Parks and Recreation. It was an extension of the Saturday-only program for handicapped children which ran during the winter with much success. Many of the children from the winter program returned for the summer.

The program was run on a weekly basis so children who were in between summer camps, vacations, etc., could come for one week or more whenever it was convenient for them and their

families. The children were of course, welcome to stay for as many weeks as they wanted, and several stayed all summer.

The program involved many of the usual camp-type activities. Games, arts and crafts and especially swimming were everyday happenings. Each Friday afternoon we celebrated the end of the week with a barbecue and usually cake (we celebrated birthdays and any other occasion which came along).

Special events seemed to happen all the time during our summer. Wednesday mornings the public library sent two arts and crafts people over to work with the children. On the last Wednesday they presented a puppet play (after making finger puppets and small theatres with the kids). This was much enjoyed by all ages. We saw several

movies, courtesy of the Parks and Rec Summer Youth Program, and even went on three field trips.

Our first trip was to Wasaga Beach for a day of swimming and sunning (unfortunately it wasn't too sunny). Two weeks later we spent a very hot sunny day at Pioneer Village—a lot of work for the staff and volunteers but still lots of fun. Finally, we went to the zoo which everyone enjoyed thoroughly.

The last day of our program was celebrated with a huge party—and everybody came! Hamburgers, hot dogs, cake, popsicles and bubble gum made the party a real treat and was a great wrap-up for the six weeks of fun and hard work. Much thanks is due to many people for their help and generosity this summer—especially our volunteers and the



members of the foot patrol who were always around to spend time with the kids.

Hopefully another summer program will be able to happen next year because something like this is as rewarding an experience for

the staff and the parents as it is for the children. And believe me, I know.

The fall and winter program reopens soon and should be as successful as last year.

**This issue courtesy of**

# Flea market

with Board members, their families and neighbours managing the tables. Four hours of haggling and wrangling netted \$155.38 in sales.

We would like to thank the following private individuals, groups and companies for donating the goods and services that made our first Flea Market a success.

*Bob Pierson, Manager,  
Towers, Jane-Finch Mall  
M. A. Greenglass,  
Property Manager,  
Jane-Finch Mall  
Hostess Food Products  
Debbii Komaromi  
Terri MacDonald  
Lena Waicus  
Shirley Waicus  
Mr. Davidson,  
Rowntree Mackintosh  
Canada Limited  
McDonald's,  
Weston and Finch  
University Presbyterian  
Church  
Linda Gunn  
Terry and Dorothy Holland  
Jean Osborne  
Augusta DeSouza*

**ADVERTISE IN THE  
JANE CORRIDOR  
CONTACT  
PETER GOEHL  
633-8065**

The *Jane Corridor* is in its fifth consecutive year of publication and has known many financial "hard times" along the way. To date, limited advertising, loans and donations have provided a tenuous base on which to finance the publication of a monthly newspaper.

The generosity and financial support of community groups and agencies in bolstering our bank balance just enough to squeeze out the next issue has kept the Corridor going. For this, and much more, we thank you.

While this "good-will" support is appreciated (and for the moment very necessary) the board of directors of the *Jane Corridor* decided in late June that regular fund raising events could strengthen the paper and provide a service to the community. On Sat., September 2nd, the Corridor held its first Flea Market, with goods and services donated by individuals and companies alike.

The commercial "heart" of Ward 3, the Jane-Finch Mall, was chosen as the site



Above, Dave March (right) making a sale?  
Below, Tom Kear (white hat) and Cindy van Amelsfort 'pitching'

—photos by Bill Waicus



# SPORTS

by Dave March

## Firgrove Community Centre

The Firgrove Community Center had a great weekend for its second annual sports festival. Clubs from Hamilton and Toronto competed for top honours in soccer, and 24 basketball teams from Toronto, Hamilton, and Montreal battled for first place in women's and men's divisions.

The tournament was held at Westview Collegiate on July 22nd and 23rd. Basketball games used two teams for both days, and soccer, of course, was played on the fields. A dance was held Saturday night.

Winners in the "round robin" competition were: *Jens' Soccer*, Blacktivity from Etobicoke; *Womens' Basketball*, Umoja Warriors from Montreal; *Jens' Basketball*, Juniors, Umoja Warriors, Montreal; *Midget*, Tubman Centre, Borough of York; *Seniors*, Central City, the Borough of York.

The Jane Corridor was invited to attend and report. I arrived early on Saturday afternoon to find the festival in full swing.

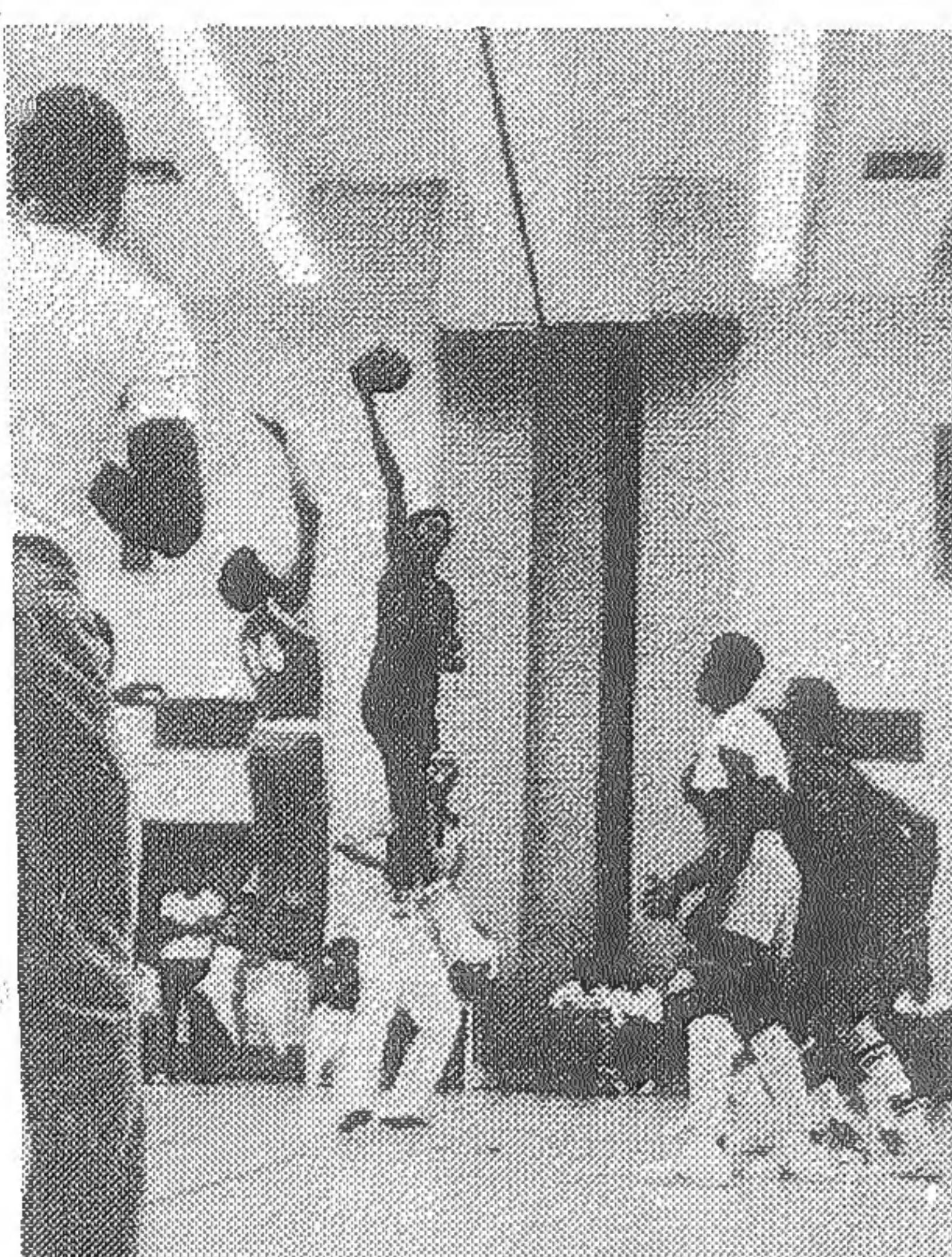
*Below, Blacktivity, tournament winners, from Etobicoke.*

There wasn't an empty seat in the house. People seemed to be everywhere and were obviously enjoying the weekend.

Mustafa, my contact, is a resident of the Firgrove area and affiliated with the Firgrove Community Centre. He told me that 5,000 people either participated or attended the two-day event, and from other accounts, indications are that it was a roaring success. I think it is safe to say that the festival will be a regular annual event.

This year, it was sponsored by the Borough of North York Parks and Recreation Department.

We need more events of this calibre.



—photos by Dave March



## Police/Community Race Relations

Peggy Ashby

The Law Enforcement and Race Relations Committee is made up of, and provides a forum for discussions between policemen and residents, and for identifying community problems which contribute concerns about the issue of race relations.

Committee meetings are always open to community residents to come and present issues of concern to them. At present, additional Committee members are needed, and interested individuals are encouraged to participate. Please call 663-2733 for further information.

Committee meetings are held once a month.

## Glenfield Sports Club

I walked into Stanley Park one weekend this summer hoping that something would be happening. Lady Luck was with me. A baseball team was practicing. The man in charge was Jack Courts. He is the assistant coach of the Glenfield Sports Club Peewees and they are part of the North York Softball Association. Other teams in this league are Thornhill, Unionville, Richmond Hill, and Amesbury.

After the practice I spoke with Jack and found that they play regularly scheduled league games twice a week. In addition, they travelled to other cities such as St. Catharines and London to play exhibition games. I suspect that team members enjoy these outings more than other games, and from experience the parents probably do too.

On one of the nights that I attended two games were scheduled. The first was between *West Metro Glass*, the Glenfield Peewee team, and *Tridell Construction* from Thornhill. The game was won by Glenfield, 10 runs to 4. There was plenty of action including the ejection of a Thornhill coach. And two pop flies that were

dropped by Glenfield, almost resulting in a winning rally by Thornhill.

The second game featured *Frank's Texaco*, a team of women who were preparing for a game to be played under the field lights. The manager and coach of the team is Joanne Manthe and we had a chance for a brief talk just before the game.

I discovered that from a number of junior girls and senior women's house league teams, All Star teams are selected for tournaments with other teams such as Richmond Hill, Oshawa, Newmarket, Agincourt, Scarborough, and Brampton. Unfortunately, our conversation was terminated when the umpire walked on the field, dusted off home plate and yelled "Play ball!"

The two innings that I saw were filled with tough, fast action and if that was an indication of the calibre of ball being played, then I will try to report more of it, if not this year, next.

The Glenfield Sports Club has representative teams in Squirt, Peewee and Bantam divisions. A full complement of house league teams, completes what seems to be a very good club.

## SPORTS CLUBS

Let us hear from you so we can keep the community aware of what's going on in the sports field in Jane-Finch. Call **Dave March**, 663-3424

## Volunteers needed

The Dellcrest Children's Centre needs people to fill the following volunteer positions:

**One to one situations working with children:** This might be as a friend or a tutor helping the child to regain his trust in adults. Men are particularly needed.

**Group situations working with children:** In these group therapy positions children learn how to get along with other children. Our groups are on Thursday evenings.

**Research positions:** These require some university background in social science, psychology or journalism and do not usually involve direct contact with children.

**Clerical staff:** Daytime positions for people who would like to help with mailings, work in the library, etc. while enjoying others' company.

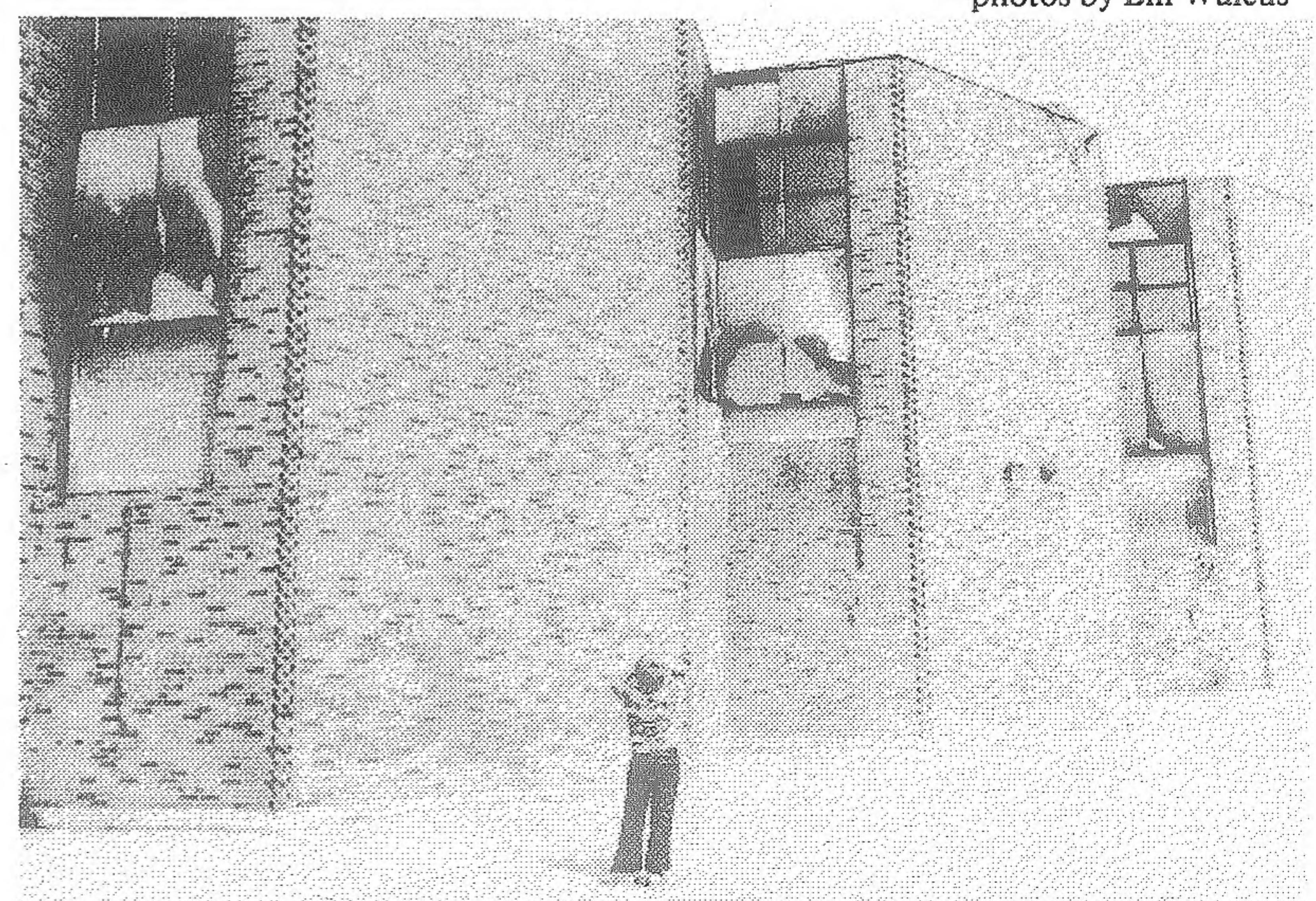
**Prevention Project positions:** Either day or evening positions. Good for someone who has childcare experience as a teacher, mother, nurse, child-care worker, interest in journalism or videotaping.

Our volunteer training program begins in October. If you are interested contact Lois Kruger or Bev Kane at 633-0515.

rooms, originally to be used by the adjoining St. Camillo de Lillio separate school this September, have been given top priority. Refurbishing the Resource Centre will take

until the New Year. In the meantime plans are underway to use part of a classroom as a temporary library, with area schools supplying books and some reference material.

—photos by Bill Waicus



# Dellcrest Answers

By Mark Frankel

**Question:** My four-year old and another child close to her age were playing with scissors while in the home of the other child. With the mother fully aware, they decided to play barber and consequently, my child's hair was "hacked up" to the point where I could not send her to school without trying to even it out. This mother seems to think that creativity has no bounds. When would you say is a child being creative or destructive and when should a parent get involved?

**Answer:** Many people can testify from their own experiences with haircuts and barbers that the line between creativity and destruction is a very thin one! However, the issue here seems to have more to do with differences families have in their standards for children's behaviour.

Every family has a series of rules about what children should and should not do. Some of these rules are clearly stated. Many others are so automatic that family members themselves are unaware of them. The rules apply to all sorts of things, such as when to speak, when to be silent, when to fight, how to solve problems, how to behave at mealtimes, how to deal with authority and how to be creative. Although many families share similar rules, there are often very great differences in family rules. These differences account

for much of the uniqueness of growing up in any one particular family and they also account for the "surprises" parents get when their children enter someone else's family circle.

Parents should try to get some sense of a "host" family before sending their child (especially a young one) to visit. This doesn't require an in-depth psychological assessment but does require at least one conversation or visit with the "receiving" parents to get a picture of what some of their major family rules are. These contacts will also give parents a chance to communicate some of their own important rules for children (e.g. "I don't let Susan finger paint when she's wearing a new dress.") This type of rule sharing and comparing can be tricky, especially if rules are communicated as "right" or "wrong" for every family. A healthy respect for rule differences in families can help the communication process a great deal.

Of course, this type of exploration doesn't always prevent some disturbing surprises, but it can reduce misunderstandings and disputes to a bare minimum. Let's all be grateful that hair grows back again!

**Question:** My four-year old is constantly with her thumb in her mouth—morning, noon and night—using the excuse, "I'm tired".

## Library opens new Section Urban Affairs

The Central Branch of North York Public Library has recently opened an "Urban Affairs Section".

"UAS" aims to provide the most current documented information on all aspects of Borough business—Council meetings, Borough budgets, neighbourhood planning and zoning, Yonge Street redevelopment, committee reports, etc.

This information, it should be noted, has in the past only been made available to the public through the City Clerk's

Office during municipal office hours.

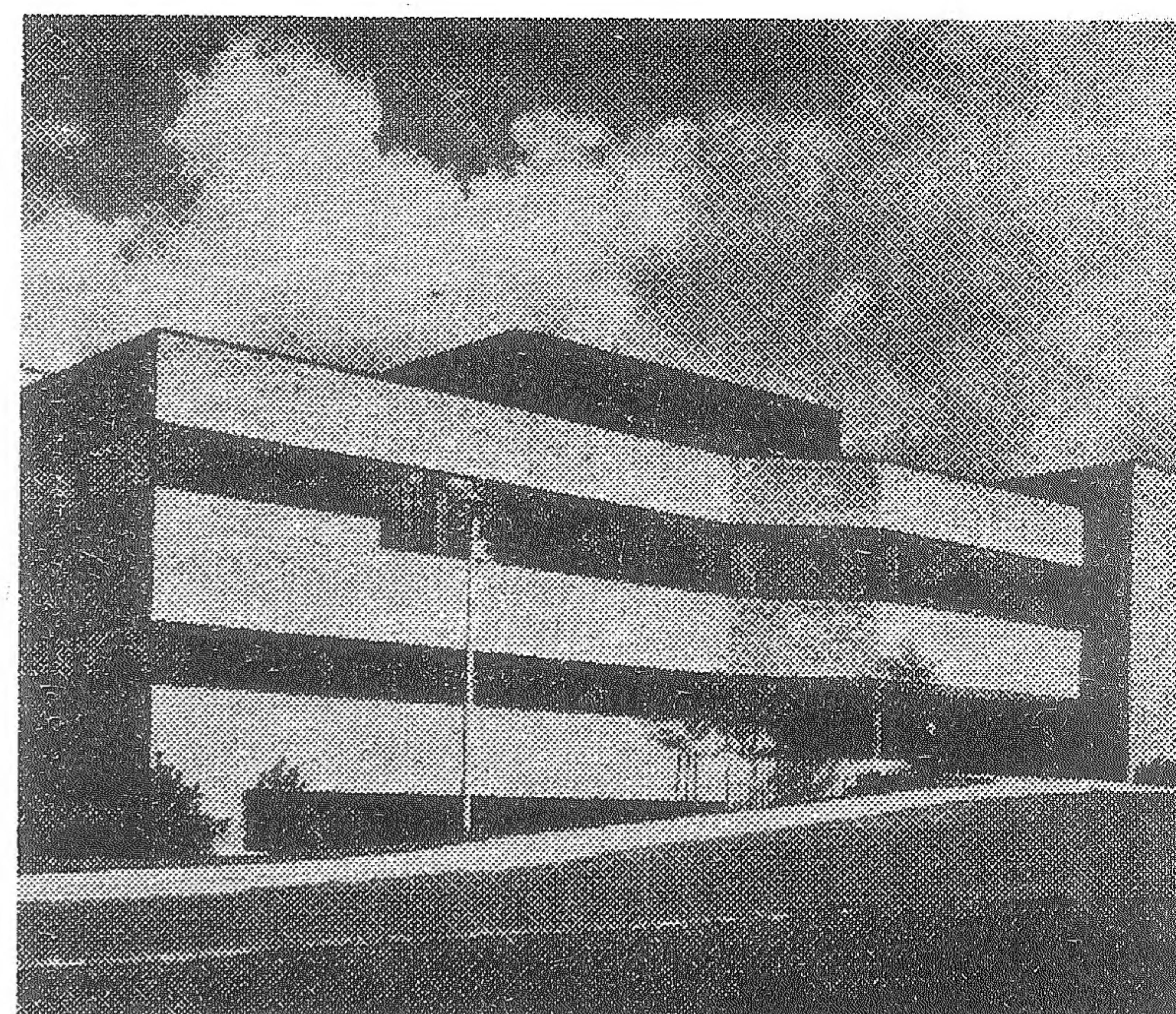
In order that the collection reflect North York residents' NEEDS, UAS requests your assistance in keeping "on top of" borough issues by providing 'UAS' with copies of any briefs, recommendations or reports to Council that originate with your organization. These will be integrated with the already existing collection and subject access to them for reference library users will be provided.

*Sometimes I say, "If you are tired, go to your room." She never does, although she might lay around on the floor or couch. Do I make an issue of it? What should I do?*

**Answer.** What's wrong with thumbsucking anyway? It can result in some minor displacement of teeth. It can cause a child's thumb to become calloused or infected. It may be one of a number of signs that a child is lagging in the development of more mature ways of handling problems or stress. Finally, thumbsucking is generally considered to be an unattractive habit which causes embarrassment and frustration for parents.

However, when all is said and done, thumbsucking is a relatively harmless habit which usually requires little or no action on the part of parents. Most thumbsucking children give up the habit by age five or six without suffering any permanent damage to their teeth, fingers or character!

Thumbsucking is closely associated with sleep and most frequently occurs when a child is tired or sleepy. On the other hand, thumbsucking may just as easily be a sign of a child's boredom, hunger or anxiety. Parents should satisfy themselves that their



child is receiving adequate rest, nourishment and opportunities for interesting play activities before considering any other action. Nagging, shaming or attaching devices to the child's thumb are unnecessary and often unsuccessful and emotionally harmful ways of dealing with the problem.

Once a child reaches five or six years of age, he or she is usually capable of breaking the thumbsucking habit alone or with a little positive help from parents. Sometimes this help need only take the form of simple encouragement for the child to make an effort to stop the behaviour. Other children are helped by being offered a reward for ending the thumbsucking and/or keeping a day to day chart on how well they are doing in their effort to keep their thumbs or fingers out of

their mouths. If all else fails, a child may be assisted to remember the goal with a bandaid and a little piece of string attached to the thumb. All of these approaches depend on involving the child as a willing and cooperative partner in the effort to break the habit. Almost every child will respond well to these techniques, provided he does not feel forced or pressured into a "battle of wills" between parent and child.

*The issues discussed in this column relate to concerns felt by all parents. The columnist would be most interested in hearing the opinions and reactions of readers to this column. Replies addressed to The Jane Corridor will be forwarded to the columnist.*

©The Dellcrest Children's Centre, 1978

## Questions about yoga

By Howard Earle Halpern, M.A.

Since April 1977, I have been teaching yoga to members of the Jane community at Driftwood Community Centre. The purpose of this article is to help answer questions frequently asked by people who are thinking of joining a yoga class.

**Question:** Do you get into exercise or meditation? Will yoga help me to develop my mind? What exactly is done in class?

**Answer:** The main thing we do is exercise. Most people taking yoga are interested mainly in exercise. Exercise is the best thing to start with because it is the easiest. We can see the body. It is difficult to see the mind. A healthy body is necessary in order to develop a healthy mind, an unhealthy body is a continual source of distraction, through pain. When

enough progress has been made with physical health, then it will be possible to go into the deeper areas of yoga, depending on the interest of the students.

**Question:** What about our eating habits?

**Answer:** Our eating habits are extremely important.

They are more important than exercise. But they are extremely difficult to change. We can begin to exercise by going to class once a week. But food, for most people, is eaten three times a day. To change dietary habits requires a change in lifestyle. Important information will be given in class about how to improve our diet. Yogis (experts in yoga) recommend a vegetarian diet. I, myself, have been a vegetarian for eight years. It has helped me greatly. I will explain in class why we do not eat meat of any

kind. I will discuss the harmful side effects of eating meat, and I will recommend certain foods that will be helpful for people who would like to try a vegetarian diet. It does not have to be done all at once. For most people, it is better to do this very gradually.

**Question:** Who can do yoga?

**Answer:** Any person, female or male, of any age can do yoga. A child who can behave quietly may join the class if he or she is accompanied by an adult. A person does not have to be good at exercise to take the class, it does not matter what you are or are not able to do. The purpose of the class is to learn how to do exercises that will be helpful to us. Eventually, through practice, we will improve.

For further information call 884-2671.

**Alderman's review**

# What's up, Doc?

By Pat O'Neill

**OMB HEARING**

The Ontario Municipal Board hearing into the Elderbrook Development proposal to build 1296 high-rise apartments and a shopping mall at Jane and Finch concluded on August 4th. Opposition to the proposal was presented by the North York Board of Education, the Downsview Weston Action Community and the Jane-Finch Mall. The OMB is now considering the evidence and a decision will be handed down in late October or early November.

**Bus Service—  
Downsview 108**

My request for improved bus service on the Downsview 108 route is being considered by the TTC this fall. I have asked for extended evening hours, weekend service and looping of the bus around Hullmar.

**Bus Shelters**

Approval has been given to construct three new shelters, one at Finch and

**Report on OMB**

## Hearing went well

The hearing with regard to the Jane-Finch rezoning concluded on Friday, August 4th. The hearing dealt only with evidence presented for and against the proposed development and did not deal with arguments with regard to the development. The Board recommended that written arguments be provided rather than oral arguments.

The arrangement is that Mr. Chusid (the developers' lawyer) will file the first written arguments on behalf of the applicant. These written arguments will then be circulated to the other parties and the other parties will then have thirty days in which to file a reply argument. Mr. Chusid will have a further thirty days in which to file a final rebuttal. The Board will then consider all of the written arguments and arrive at a decision. It would appear that a decision in this matter will be delayed somewhat and may not, in fact, come down until Spring of next

Elana, another at Sheppard and Magellan and a third at Jane and Hullmar.

**Traffic Lights**

Oakdale Road at Sheppard will be getting a signal light in conjunction with current improvements to the 400 overpass. Finch at Elana and York Gate meet the warrants for signalization but installation has been delayed pending the decision on development in the area.

**Sidewalk approved**

Construction of a sidewalk on Dolores Road from Spenvale Drive to the northern boundary of St. Jane Frances School has been approved.

**3-Way Stop Sign**

I have requested that a 3-way stop sign be installed at the intersection of Potsdam and Tobermory.

**Fire Station**

Funds have been approved for acquisition of a site and construction of a fire station in Ward 3.

**Public Hearings**

On September 25th at 8 p.m., Council will hold a public hearing on the question of private roadways in condominium developments.

**Downsview Rap**

Beginning on September 20th, Roger's Community Cable, Channel 10, will broadcast "Downsview Rap" at 10:30 pm. The new 30 minute TV show will still include a phone-in segment so that you may express your views. Let me know if your group or community is planning an event you would like to have announced.

**Parks and Recreation**

Several proposals for park improvements have been made for consideration in the 1979 budget.

**Driftwood.** It is proposed that the baseball diamond be moved 100' west—away from houses on Kinnie Court and Driftwood. Washroom facilities are also being proposed.

Brian Bucknall. It appears that the hearing went well.

The fundraising isn't so great—we still need to have \$1,500 to \$1,800 to be able to cover the end cost of this hearing.

The following people have sent a donation to the fund. Your contribution will be greatly appreciated. Send a cheque to Urban Planning Fund, DWAC, c/o Bos Box 2201, Postal Station C, Downsview, Ont.

A.W. Brown,  
Bloomington Cres.

Mrs. R. Eade  
Bloomington Cres.

J. V. Newton  
Bloomington Cres.

O. C. Rosello  
Wheatsheaf Cres.

A. Kohl  
Bloomington Cres.

A. Kingiseppe  
Wheatsheaf Cres.

P. Gemmell  
Hullmar Drive

The above is an except from the letter sent to DWAC from our lawyer,

**Topcliffe.** Lighting for the bocci courts has been requested.

**Yorkwoods.** Plans are available of the proposed landscaping and tot lot next to the community centre. I hope to meet with area residents soon to discuss these proposals. If you have

If you have any other suggestions for improvements in local parks please let me know in time to have them included in budget discussions for next year.

**Permit or Meter Parking**

With the stiff increase in parking fines overnight parking is becoming a drain on many people. How do you feel about permit or meter parking on streets? Write to me at 5100 Yonge Street, Willowdale, Ont.

**School crossing safety**

Several crossing patrols are already operating using

senior students to guide young children across busy streets. If you are interested in having a patrol at your school please contact me so that I may arrange a meeting to explain the programme.

**Building application**

An application has been made by the Shell Oil Company to add a food store next to the gas station in Yorkwoods Plaza. They already have the space and zoning to be able to build the store, but concern has been expressed about pedestrian safety. I would like to hear from area residents and businesses how they feel about this application.

**Living in North York**

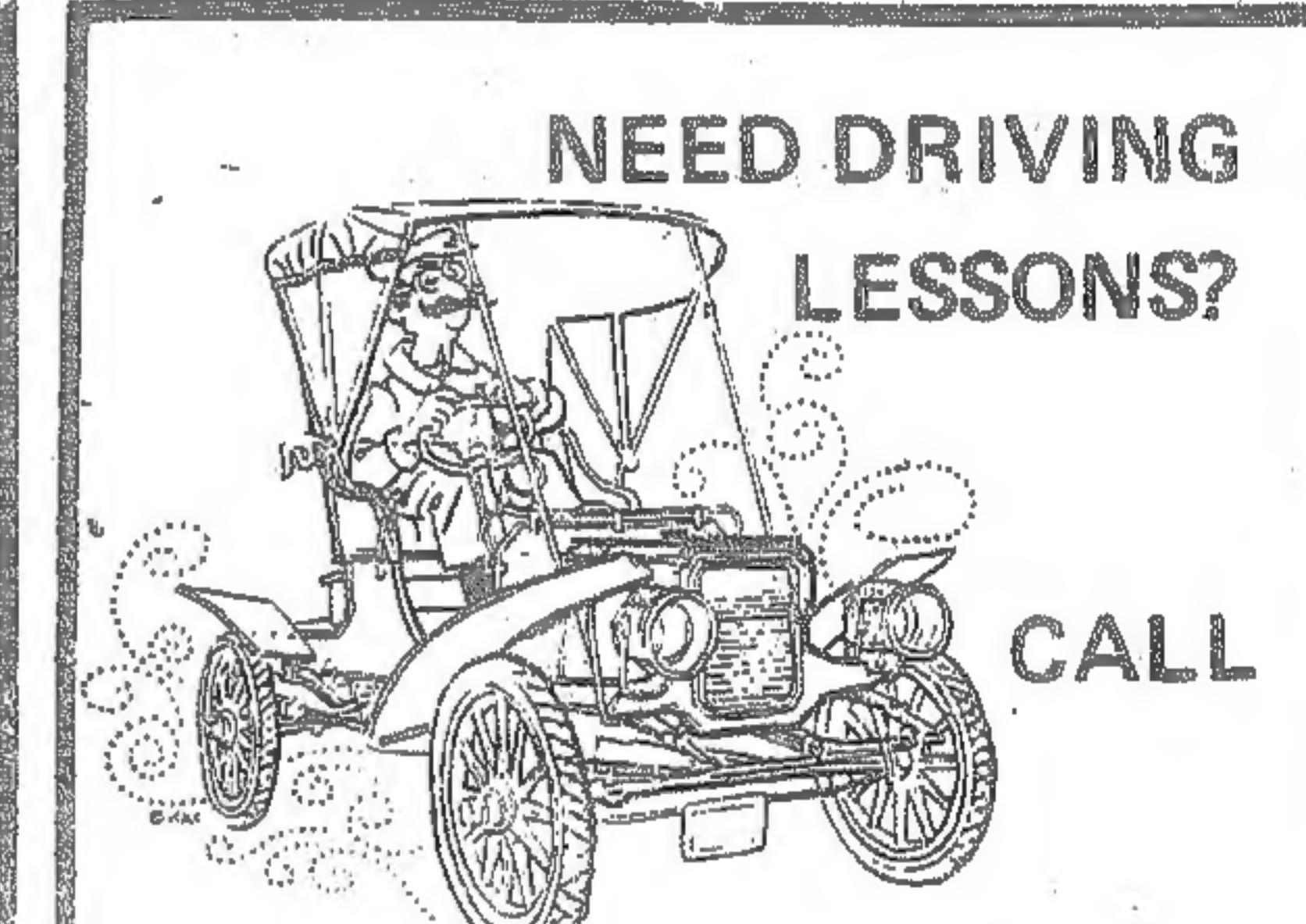
The North York information booklet "Living in North York" should have been delivered to each home early this month, however, a problem was encountered with the new delivery system. If you have not received your copy of the booklet, please let me know.

**Regency School of Classical Ballet**

Director Elain Dobson  
M.C.B.S.

Tuition for all ages:

Fall course starting week of September 11. Classes held Wednesday and Saturday at University City Recreation Centre 453 Sentinel Road For information call Director 691-6383 or Ms. L. Walsh at 466-0831 evenings.

**NORTHWEST DRIVER & TRAFFIC EDUCATION CENTRE INC.**

- qualified male & female instructors
- over 20 years experience
- home pick up service
- approved courses for 16-25 year olds (to qualify for insurance discounts)

**743-5777**

**CLASSIFIED**

**FOR SALE** Old records, 78s, Frank Sinatra, Collection of classical music, some by the Boston Pops, 1927. Call 630-0923 for appointment to see them.

**WANTED** Cleaning lady, one day a week, preferably Friday. Call Ruth March, 663-3424.

**FOR SALE** Writing desk and china cabinet. Good condition. Call 630-0923 for appointment to see them.

**WANTED** Housework, daily, 2 women, 25 years' experience. Reliable, trustworthy. \$25 a day and carfare. Call anytime. 630-0923.

**GARAGE SALE** September 23 & 24, 48 Arleta Avenue.

**NEED A JOB?** Call More People Power employment service. Permanent jobs available for young people, especially those with driver's licenses. Call Marni, 223-1275.

**JADE EAST**  
*Chinese Food*  
2883 JANE STREET  
(Yorkwoods Village Centre)

**FREE DELIVERY**  
(On Minimum Order)  
**638-6101-2**

**TAKE OUT**

**HOURS DAILY:**  
Monday to Thursday: 3:30 p.m. to 1 a.m.  
Friday to Saturday: 3:30 p.m. to 2 a.m.  
Sunday: 3:30 p.m. to Midnight

# COMMUNITY CALENDAR

## Seneca College without Walls Fall programs

in cooperation with Jane/Finch Community and Family Centre, Metro Separate School Board, North York Public Library, Balck Creek Venture Group, Firgrove Family & School Association

at St. Francis de Sales Separate School, 280 Firgrove Crescent

Women's Fitness and Health, September 27-November 29, Wednesdays, 7:30 - 9 pm. 10 Sessions, 15 hours, \$20.

Painting & Drawing, September 27-November 29, Wednesdays, 7:30 - 9:30, 10 sessions, 20 hours, \$35.

Colour Slide Photography, September 26 - November 28, Tuesdays, 7:30 - 9:30 pm, 10 sessions, 20 hours, \$25.

Hatha Yoga, September 26-November 28, Tuesdays, 7:30 - 9:30 pm, 10 sessions, 20 hours, \$25.

at Yorkwoods Public Library

Cross Country Skiing Preparation Workshop, A. October 7, Saturday, 9 am - 4pm, \$10 per person (Special rate for families and groups up to 4 people, \$25). B. October 21, Saturday, 9 am - 4 pm, \$10 per person (Special rate for families and groups up to 4 people, \$25).

Financing a Business, October 4 - October 25, Wednesdays, 7-10 pm, 4 weeks, 12 hours, \$30.

Creative Weaving, October 26 - November 30, Thursdays, 9:30 - 11:15 am, 6 sessions, 10-1/2 hours, \$15. (Childcare provided)

at Yorkwoods Community Centre, 20 Yorkwoods Gate Rd.

Combined Slim & Trim/Yoga, September 28 - November 30, Thursdays, 9:30 - 11 am, 10 weeks, 15 hours, \$15.

Disco Dancing, September 29 - November 24, Fridays 7:30 - 9:30 pm, 9 sessions, 18 hours, \$25.

at Driftwood Community Centre, 4401 Jane Street

Fashion World for Young Adults, September 29 - December 1, Fridays, 7:30 - 9 pm, 10 weeks, 15 hours, \$12.

Basketball Skills, October 3 - December 5, Tuesdays, 9:30 - 11 pm, 10 weeks, 15 hours, \$12.

Caring for Household Plants, September 25 - October 30, Mondays, 8 - 10 pm, 5 weeks, 10 hours, \$10.

Disco Dancing, September 27 - November 22, Wednesdays, 7:30 - 9:30 pm, 9 sessions, 18 hours, \$25.

Combined Slim & Trim/Yoga, September 26 - November 28, Tuesdays, 9:30 - 11 am, 10 weeks, 15 hours, \$15.

Belly Dancing, September 26 - December 12, Tuesdays, 8 - 9:30 pm, 12 weeks, 18 hours, \$25.

At Firgrove Public School, 270 Firgrove Crescent

Ladies' Slim & Trim, September 28 - November 30, Thursdays, 8 - 9 pm, 10 sessions, 10 hours, \$10.

The Jane/Finch Community and Family Centre will be registering students for Fashion World for Young Adults, Basic Basketball Skills, and the Ladies' Slim & Trim at Firgrove Public School, on an installment paying basis.

If you want further information on these arrangements please call the Centre at 663-2733.

For further information call Seneca College at 661-6010.

## Post office changes hours

In the interest of meeting customer requirements and operating in the most efficient manner possible, Downsview Postal Station 'C' at 2950 Jane St. will be open until 7:45 pm on Thursdays. Saturday service will be eliminated effective Saturday, September 30, 1978.

New hours for the Downsview 'C' station will be:

Monday to Wednesday 8 am to 5pm  
Thursday, 8 am to 7:45 pm  
Friday, 8 am to 5:45 pm.

## Yoga classes

Yoga classes for exercise, relaxation, and self-development are being held weekly at the Driftwood Community Centre, Tuesdays, 8:45 to 10 pm.

Persons may join anytime. The fee is approximately \$2 a class payable in advance, for the current session ending Dec.12. Registration at your 1st class. Please bring mat or blanket. Instructor: Howard Halpern, M.A. For further information, phone 884-2671, 742-0878, 363-9106 (9 am to 5 pm). Other courses available at other times and locations.

## Skate exchange

The north York Parks Recreation Department is providing the opportunity for the entire family to be outfitted for the upcoming skating season by holding 2 Skate Exchanges; one on Saturday, September 16 at Amesbury Arena (one stoplight west of Keele St. on Lawrence Ave.) and one on Saturday, September 23 at York Mills Rd.). The sale runs on Saturday from 9:30 a.m. to 1:30 p.m. and items include figure skates, hockey skates, and hockey equipment. If you are interested in selling any of your skating equipment, bring it to the arenas the night before the sale between 7:00 p.m. and 9:00 p.m. Equipment will not be accepted for tagging the day of the sale. For further information call 224-6258.

## Fall programs Parks & Rec

What are you doing this Fall? Check with the North York Parks & Recreation department before deciding that you have nothing to do with your time this fall. Their brochure on Fall and Winter services is now available at their offices at 5100 Yonge St. and at local libraries, arenas and pools. Many new programs for adults are featured in-

cluding calligraphy, disco exercises, three new cooking courses, and hockey and power skating. Indoor golf lessons and fitness classes for stroke patients are again being offered among the 60 different programs available this year. Children and young adults have the opportunity to take part in many programs including skating, swimming, creative arts, basketball and sports 'n fun. Hurry and register as limited space is available in some programs. Call 224-6285 for more information.

## Harvest time in Black Creek

Black Creek Pioneer Village recalls the harvest time activities of long ago, on weekends, in September, from 2 pm to 4 pm. One of the highlights of the harvest activities at the village is demonstrations of threshing and separating using a horse-powered machine. This activity will take place just inside the toll gate (weather permitting).

Black Creek Pioneer Village, is open seven days a week, from 9:30 am to 5 pm on weekdays, and from 10 am to 6 pm on weekends and holidays, during September and October.

For further information, contact Metro Region Conservation at 661-6600

## Living in North York

The annual Living in North York information booklet will be delivered door-to-door to every residential unit of this municipality during the period of August 9th to 12th, 1978.

The Borough of North York, The North York

Board of Education and the North York Public Library have once again combined forces and produced the Living in North York booklet for the convenience of the residents.

The Living in North York booklet contains a wealth of information on Borough Services, Recreation Activities for the Fall/Winter, Night School Courses, Community Library Programs and events, and also a Municipal telephone directory.

Approximately 185,000 booklets will be delivered door-to-door. The Mirror newspaper is delivering to the area west of Yonge Street and R. J. Polk is delivering east of Yonge Street.

All deliveries are expected to be completed by August 12th, 1978. This is the fastest method of distribution recorded to date for the delivery of these booklets.

For further information contact Anna Di Ruscio, Director of Information Services, 224-6083.

*Editor's note: Distribution in Jane-Finch seems to be less than great—I have yet to speak to someone who actually received a copy. I'm offering a prize (one year's subscription to the Jane Corridor) to the first ten people who call to say they received a copy of Living in North York at their residence. If you didn't receive one, please call Anna Di Ruscio at the number above.*

## WANTED

### Volunteer Mothers Group Leader

We are looking for women who would enjoy organizing and planning a program for one of the Tiny Toddlers Club groups. The group meets one morning per week from 9:30 to 11:30. No experience necessary. To enquire call Jane/Finch Community & Family Centre at 663-2733.

Committee to re-elect Pat O'Neill presents a

## DANCE



OCTOBER 21st, 8 pm

Driftwood Community Centre  
4401 Jane Street

Buffet supper • entertainment

## MAXINE'S SCHOOL OF DANCING

for Tap, Ballet, Baton, Modern Jazz and Gymnastics

More advanced pupils prepared for competitions

- Children 4 years of Age and Up •
- Special Adult Tap and Jazz Classes •
- Disco Dance Classes •

For information call 743-7642 or 223-4938 • 143 Eddystone Branch Studio — Bramalea Civic Centre

